



## Parmesan Panko Asparagus

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OHIO SNAP-ED

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What's in Season: April Asparagus Rhubarb



Featured Produce: Asparagus

Peak Season: Spring

**Selection**: Pick firm stalks, avoiding wilted stalks

How to Prepare: Roast, steam, or grill asparagus

**Storage**: Refrigerate for up to 4 days by wrapping ends of stalks in wet paper towel and placing in plastic bag



## New Kitchen 101 Videos

Celebrate Your Plate has 10 new Kitchen 101 videos on our website! Learn about squash, leafy greens, potatoes, beans, herbs, and more. Visit our website or our YouTube channel to watch the videos. Let us know what new fact you learn about cooking!



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