

Nutrition Facts

Serving size 3 latkes

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0.6g 3%

Trans Fat 0g

Polyunsaturated Fat 0.2g

Monounsaturated Fat 0.6g

Cholesterol 50mg 17%

Sodium 590mg 26%

Total Carbohydrate 26g 9%

Dietary Fiber 3g 11%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 5g 10%

Vitamin D 0.2mcg 0%

Calcium 37mg 2%

Iron 0.6mg 4%

Potassium 436mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.